

“A message from the Chair...”

Hi, I'm Tina, a recovering compulsive overeater. It is with very mixed feelings that I write this, for, by the time you read this, I will have stepped down not only as Chair, but also from North Shore Intergroup. The reason is positive: I was recently elected to another service position: as a General Service Trustee of the OA Board of Trustees. Because of this, I will be doing service at that level.

Thinking back, I've been attending North Shore Intergroup since 1990. AND, I HATED my first meeting! It wasn't an OA meeting: it was a business meeting with treasurer and secretary reports. BUT, I wanted to be with other people so I would not overeat compulsively that night.

Since that first meeting, I have kept coming back, and have come to love intergroup meetings. We discuss different ways to spread the OA message to people inside and outside the halls of OA! I've also loved all the many wonderful people I have worked with, some who are now my closest friends today, friends who may still be attending Intergroup, maybe have moved, left Intergroup or even left program.

Had I not been encouraged to attend that first intergroup meeting, years ago, I would have missed out on many wondrous experiences: planning and attending OA events, learning to work, actually, to live the OA Steps and Traditions when working with others, private conversations and yes, even appreciating and understanding the treasurer's report etc. Bottom line: I would have missed out on a multitude of opportunities for me to grow and recover within this magnificent program!!

I will be eternally grateful to my Higher Power and Sponsor who “suggested” that I attend Intergroup. And now, I encourage, um, “suggest” to each of you, that you attend an Intergroup meeting (First Tuesday of every month, except July: Senior Center, Reading MA, 7 PM.) Admittedly, it is not for everyone, but you'll never ever know, until you attend...just as when you attended that first, second OA meeting! A whole new world, an unbelievable experience may be awaiting you!

Many, many thanks for allowing me to serve you at Intergroup through the years. For me, service is a blessing, privilege and honor to give back what I have been so generously given throughout my OA life,

especially as I think of all the wonderful people I've met and “worked with” through the years!

So, now I'm moving on to do other service within OA. Yes, I am excited, and also scared and overwhelmed! But then I was when I first attended Intergroup. Today I know that my Higher Power will be helping me, as He always has!

The good news for me, is that I can still and will do service at the meeting level, be it bookie, greeter, whatever. AND THIS IS OA'S HIGHEST LEVEL OF SERVICE: OA meetings are at the top of OA's structure. OA will continue to thrive and be alive as we all offer service at our individual local meetings. See and talk with you there!

Yours in OA love and service ~ Together we can!

Tina C.

IS YOUR MEETING REPRESENTED AT INTERGROUP???

GRATITUDE & SERVICE = RECOVERY

Are you looking for a way to give back what you have so generously been given?

The 7th Tradition means giving service as well as \$\$\$ if and whenever we can.

Are you curious about what goes on at the Northshore Intergroup meetings?

Do you think that there will always be “somebody else” or “somebody special” there to do the service?

Aren't YOU “somebody special”?

Northshore Intergroup thinks YOU are!!!

***** PLEASE JOIN US ***
EVERYONE IS WELCOME!!!**

Editorial Policy

SHARINGS is the newsletter of North Shore Intergroup (NSI) of Overeaters Anonymous. Material submitted to SHARINGS cannot be returned. The editors reserve the right to edit material submitted. Other anonymous groups may reprint without permission. The opinions expressed are those of the writer(s) not those of NSI or OA as a whole. Please address submissions to the address at the top of the newsletter or info@oanorthshoreintergroup.org

SHARINGS

P.O. BOX 214, READING, MA 01867

NORTH SHORE INTERGROUP OF OVEREATERS ANONYMOUS 978-387-8188 JUNE 2012

NORTHSHORE INTERGROUP MEETINGS First Tuesday of Each Month (except July)

Reading Senior Center Pleasant Street
Each meeting is encouraged to send a representative.

Business Meeting: 7:00 PM – 8:30 PM

Orientation for new reps: 6:45 PM
978-387-8188

Meeting Accessibility

Is your meeting handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please let us know so that we can provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting.

Call Lisa, NSI Coordinator at 781-334-4470
with any changes to your meetings

NORTHSHORE INTERGROUP SEVENTH TRADITION DONATIONS to Date Fiscal Year 2012 – 10/1/11-9/30/12

Amesbury	Tuesday	3:45 pm	\$ 30.00
Beverly	Wednesday	6:00 pm	\$ 127.00
Beverly	Tuesday	6:00 pm	\$ 262.54
Beverly	Saturday	9:00 am	\$ 950.00
Beverly	Thursday	10:00 am	\$ 160.00
Burlington	Wednesday	7:30 pm	\$ 250.00
Malden	Friday	9:30 am	\$ 100.00
Manch.bySea	Sunday	8:30 am	\$ 186.00
Marblehead	Monday	4:00 pm	\$ 65.40
Marblehead	Wednesday	4:00 pm	\$ 145.25
Medford	Thursday	7:00 pm	\$ 60.00
Melrose	Friday	7:00 pm	\$ 97.52
N. Andover	Tuesday	4:30 pm	\$ 460.00
N. Andover	Thursday	4:30 pm	\$ 400.00
Reading	Saturday	10:00 am	\$ 75.00
Reading	Monday	10:00 am	\$ 30.00
Revere	Thursday	6:00 pm	\$ 150.00
Stoneham	Tuesday	7:00 pm	\$ 70.00
Tewksbury	Friday	10:00 am	\$ 70.00
Misc./Phone	Meetings		\$ 35.00
7 TH TRAD.	TOTAL	YTD 5/12	\$3723.71
7 TH to WSO	TOTAL	YTD 5/12	\$1117.12

“UPCOMING OA EVENTS”

Northshore Intergroup Special Meeting

“Start the 4th with a Blast”

Wed. July 4th 8:30-10:00 am

First Congregational Church, Reading, MA

For info call Lisa 781-334-4470

Region 6 Convention October 26-28, 2012

Delta Ottawa City Centre Hotel

Ottawa, ON Canada

Watch for details on a chartered bus!!!!

“SAVE THE DATE”

OA World Convention Aug. 29th-Sept. 1st, 2013

♪♪♪“RECOVERY TO ROCK OUR WORLD”♪♪♪

Cleveland, Ohio

(Home of the Rock & Roll Hall of Fame)

For more info: conventioninfo@oa.org

FIND OA ON THE WEB

OA website: www.oa.org

OA email: info@oa.org

Region 6 website: www.oaregion6.org

Region 6 email: webmaster@oaregion6.org

NSI website: www.oanorthshoreintergroup.org

NSI email: info@oanorthshoreintergroup.org

♥♥♥ THANK YOU FOR SUPPORTING OA ♥♥♥

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