



**NOVEMBER 2018  
MEETING LIST OF MEMBER GROUPS**

**Includes all Overeaters Anonymous  
Meetings registered and affiliated with**

**NORTH SHORE INTERGROUP  
P.O. BOX 214  
READING, MA 01867-0314 USA**

**Contact Information**  
**Phone ..... (978) 387-8188**  
**Web ... www.oanorthshoreintergroup.org**  
**Email .info@oanorthshoreintergroup.org**  
**Mtng. Changes: Ken G. 914-263-6532**

**This list is confidential  
and to be used for OA purposes only.**

**OA PREAMBLE**

(Amended at WSBC 2015)

**Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.**

**SUNDAY**

- Group #
- 20718 MARBLEHEAD – 8:00 AM  
Jewish Community Center (handicap access)  
4 Community Road  
Larissa 401-954-2372
  - 45029 MANCHESTER BY THE SEA – 8:30 AM  
Manchester Community Center  
40 Beach Street  
Kate 805-660-1058
  - 54261 BURLINGTON – 4:00 PM (BB)  
St Mark’s Church  
10 St Mark’s Road  
Burlington, MA 01803  
Judy 781-272-4132
  - 52834 NEWBURYPORT – 6:00 PM  
St. Paul’s Episcopal Church (handicap access)  
166 High St.  
Tanya 617-676-5502
  - 00793 STONEHAM – 6:30 PM (new location)  
First Congregational Church  
1 Church Street  
Betty 781-438-5931

**MONDAY**

- Group #
- 40605 READING – 10:00 AM (1 hr)  
Church of the Good Shepherd  
95 Woburn Street  
Ginger 781-233-4947
  - 47482 DANVERS – 7:00 PM (1 hr)  
(Relapse / 12<sup>th</sup> Step Within)  
All Saints Episcopal Church  
46 Cherry Street  
Linda 978-774-5196

- 56085 NEWBURYPORT – 7:00 PM. CLOSED  
St. Paul’s Episcopal Church (handicap access)  
166 High Street  
Sally 339-201-1057

**TUESDAY**

- Group#
- 33435 AMESBURY – 3:45 PM (OA Step)  
Amesbury Health Center  
24 Morrill Place (off Main St & Rt. 110)  
Cynthia 978-388-2552
  - 40875 NORTH ANDOVER – 4:30 PM (1 hr)  
(OA 3<sup>rd</sup> Edition / Relapse) (handicap access)  
St. Michael’s Church  
196 Main Street (St. Theresa Room)  
Mary 978-682-3467
  - 46374 BEVERLY – Health & Arts Center Bldg.  
(In small conference room)  
Beverly Hospital  
85 Herrick St.  
Barbara 978-921-0572 (handicap access)
  - 14169 STONEHAM – 7:00 PM (1 hr)  
Stoneham Public Library, Stoneham Room  
Corner of Main St. & Maple St.  
Betty 781-438-5931 (handicap access)

**Meeting Accessibility**

Is your meeting handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please let us know so that we can provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting. Please call Ken at 914-263-6532 with any meeting changes.

**OA ON THE INTERNET**

OA website.....www.oa.org  
OA email.....info@oa.org  
Region 6 website.....www.oaregion6.org  
Region 6 email ...webmaster@oaregion6.org

OA Facebook page:  
https://www.facebook.com/  
overeatersanonymousofficial/

OA Young Persons' Facebook page:  
http://www.facebook.com/OAinfo

**WEDNESDAY**

Group #

23771 BEVERLY – 6:00 PM (Literature)  
Women’s Health & Arts Center Bldg.  
(In small conference room)  
Beverly Hospital  
85 Herrick Street  
Gloria 978-927-4754 (handicap access)

45410 BRADFORD – 7:00 PM (Literature)  
First Church of Christ  
10 Church Street  
Jane 978-857-9261

17396 BURLINGTON – 7:15 PM (1 hr)  
St. Mark’s Episcopal Church  
10 St. Mark’s Road  
Tina 781-872-1415

**\*\*\*PLEASE REMOVE\*\*\*  
OUTDATED NSI MEETING LISTS FROM  
YOUR LITERATURE TABLES**

All NSI lists must have the WSO approved OA logo  
(as shown above)  
and the amended (2015) version of the OA Preamble

**THURSDAY**

Group #

51620 BEVERLY – 10:00 AM  
Relapse/Recovery  
First Baptist Church  
Lounge, 1<sup>st</sup> Fl., Opp. Office  
221 Cabot Street  
Jean 978-720-8328

39203 NORTH ANDOVER – 4:30 PM  
(OA Step / Tradition / Relapse)  
St. Michael’s Church (handicap access)  
196 Main Street (St. Theresa Room)  
Cynthia L. 978-688-9269

51009 LOWELL – 7:00 PM (1 hr) (OA 12 & 12)  
1<sup>st</sup> United Baptist Church  
99 Church Street  
Darlene 978-973-7137

49358 MEDFORD – 7:00 PM  
(OA Steps/Traditions)  
Lawrence Memorial Hospital  
Gallagher Room  
170 Governors Ave. (corner of Lawrence Rd.)  
Beatrice 708-745-4849 (handicap access)

**FRIDAY**

Group #

16346 MALDEN – 9:30 AM (Big Book)  
Church of The Nazarene (handicap access)  
529 Eastern Ave.  
Roseann 781-321-6836

11784 TEWKSBURY – 10:00 AM (OA Step)  
St. William’s Church Basement  
1351 Main Street (Rte. 38)  
Ann 978-500-3791(handicap access)

**SATURDAY**

Group #

54036 NEWBURYPORT – 7:15 AM  
(Speaker/Discussion)  
St Paul’s Episcopal Church  
166 High Street  
Rachel 617-792-5375/Andrea 978-764-4968

13274 BEVERLY – 9:00 AM  
The White Whale  
Hale Street (behind First Baptist Church)  
Gloria 978-927-4754

15404 READING – 10:00 AM (OA Step)  
First Congregational Church  
25 Woburn Street  
Kristen 781-974-9734

**In keeping with Tradition 3, groups registering  
with North Shore Intergroup do not have  
requirements or suggestions for participation at OA  
meetings.**

**NORTH SHORE INTERGROUP MEETING**

(Intergroup # 09200)

**1st Saturday of the month (except July)  
10:00-11:30 AM**

**First Congregational Church  
(Library)  
25 Woburn Street, Reading, MA**

**We suggest that every group have someone  
represent them at the monthly meeting.**

Newcomers please arrive by 9:45 AM

**ALL ARE WELCOME!**