



**2019 MEETING LIST**

**OF MEMBER GROUPS**

**LAST REVISED JULY 2019**

Includes all Overeaters Anonymous  
Meetings registered and affiliated with

**NORTH SHORE INTERGROUP  
P.O. BOX 214  
READING, MA 01867-0314 USA**

**Contact Information**

Phone..... (978) 387- 8188  
Web.....www.oanorthshoreintergroup.org  
Email.....info@oanorthshoreintergroup.org  
Mtg. Changes: Darlene B. (978) 973-7137

This list is confidential  
and to be used for OA purposes only.

**OA PREAMBLE**

(Amended at WSBC 2015)

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

**SUNDAY**

- Group #
- 20718 MARBLEHEAD – 8:00 AM  
Jewish Community Center (handicap access)  
4 Community Road  
Sandra 781-631-4103
- 45029 MANCHESTER BY THE SEA – 8:30 AM  
Manchester Community Center  
40 Beach Street  
Kate 805-660-1058
- 54261 BURLINGTON – 4:00 PM (BB)  
St Mark’s Church  
10 St Mark’s Road  
Burlington, MA 01803  
Judy 781-272-4132
- 00793 STONEHAM – 6:30 PM (new location)  
First Congregational Church  
1 Church Street  
Betty 781-438-5931

**MONDAY**

- Group #
- 40605 READING – 10:00 AM (1 hr)  
Church of the Good Shepherd  
95 Woburn Street  
Ginger 781-233-4947
- 47482 DANVERS – 7:00 PM (1 hr)  
(Relapse / 12<sup>th</sup> Step Within)  
All Saints Episcopal Church  
46 Cherry Street  
Linda 978-774-5196

**TUESDAY**

- Group #
- 33435 AMESBURY – 3:45 PM (OA Step)  
Amesbury Health Center  
24 Morrill Place (off Main St & Rt. 110)  
Cynthia 978-388-2552
- 40875 NORTH ANDOVER – 4:30 PM (1 hr)  
(OA 3<sup>rd</sup> Edition / Relapse) (handicap access)  
St. Michael’s Church  
196 Main Street (St. Theresa Room)  
Mary 978-682-3467
- 46374 BEVERLY – 6:00 PM ( 1 hr ) Step meeting  
Beverly Hospital-Health & Arts Center Bldg.  
(In small conference room)  
Beverly Hospital  
85 Herrick St.  
Barbara 978-921-0572 (handicap access)
- 14169 STONEHAM – 7:00 PM (1 hr)  
Stoneham Public Library, Stoneham Room  
Corner of Main St. & Maple St.  
Elaine 781-245-2014 (handicap access)

**Meeting Accessibility**

Is your meeting handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please let us know so that we can provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting. Please call Darlene at 978-973-7137 with any meeting changes.

**OA ON THE INTERNET**  
**OA website.....www.oa.org**  
**OA email.....info@oa.org**  
**Region 6 website.....www.oaregion6.org**  
**Region 6 email...webmaster@oaregion6.org**

**OA Facebook page:**  
**https://www.facebook.com/overeatersanonymousofficial/**

**OA Young Persons' Facebook page:**  
**http://www.facebook.com/OAinfo**

**WEDNESDAY**

- Group #
- 23771 BEVERLY – 6:00 PM (Literature)  
 Women's Health & Arts Center Bldg.  
 (In small conference room)  
 Beverly Hospital  
 85 Herrick Street  
 Gloria 978-927-4754 (handicap access)
- 45410 BRADFORD – 7:00 PM (Literature)  
 First Church of Christ  
 10 Church Street  
 Jane 978-857-9261
- 17396 BURLINGTON – 7:15 PM (1 hr)  
 St. Mark's Episcopal Church  
 10 St. Mark's Road  
 Tina 781-872-1415

**THURSDAY**

- Group #
- 51620 BEVERLY – 10:00 AM  
 Relapse/Recovery  
 First Baptist Church  
 Lounge, 1<sup>st</sup> Fl., Opp. Office  
 221 Cabot Street  
 Jean 978-720-8328
- 39203 NORTH ANDOVER – 4:30 PM  
 (OA Step / Tradition / Relapse)  
 St. Michael's Church (handicap access)  
 196 Main Street (St. Theresa Room)  
 Cynthia L. 978-688-9269
- 51009 LOWELL – 7:00 PM (1 hr) (OA 12 & 12)  
 1<sup>st</sup> United Baptist Church  
 99 Church Street  
 Darlene 978-973-7137
- 49358 MEDFORD – 7:00 PM  
 (OA Steps/Traditions)  
 Lawrence Memorial Hospital  
 Gallagher Room  
 170 Governors Ave. (corner of Lawrence Rd.)  
 Beatrice 708-745-4849 (handicap access)

**FRIDAY**

- Group #
- 16346 MALDEN – 9:30 AM (Big Book)  
 Church of The Nazarene (handicap access)  
 529 Eastern Ave.  
 Roseann 781-321-6836
- 11784 TEWKSBURY – 10:00 AM (OA Step)  
 St. William's Church Basement  
 1351 Main Street (Rte. 38)  
 Ann 978-500-3791(handicap access)

**SATURDAY**

- Group #
- 54036 NEWBURYPORT – 7:15 AM  
 (Speaker/Discussion)  
 St Paul's Episcopal Church  
 166 High Street  
 Nancy K. 978-376-8687
- 13274 BEVERLY – 9:00 AM  
 The White Whale  
 Hale Street (behind First Baptist Church)  
 Gloria 978-927-4754
- 15404 READING – 10:00 AM (OA Step)  
 First Congregational Church  
 25 Woburn Street  
 Kristen 781-974-9734

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**In keeping with Tradition 3, groups registering with North Shore Intergroup do not have requirements or suggestions for participation at OA meetings.**

**NORTH SHORE INTERGROUP MEETING  
 (Intergroup # 09200)**

**1st Saturday of the month (except July)  
 10:00-11:30 AM**

**First Congregational Church  
 (Location Posted at Door)  
 25 Woburn Street, Reading, MA**

**We suggest that every group have someone represent them at the monthly meeting.**

**Newcomers please arrive by 9:45 AM  
 ALL ARE WELCOME!**

**\*\*\*PLEASE REMOVE\*\*\*  
 OUTDATED NSI MEETING LISTS FROM  
 YOUR LITERATURE TABLES  
 All NSI lists must have the WSO approved OA logo  
 (as shown above)  
 and the amended (2015) version of the OA Preamble**