



**2020 MEETING LIST
OF MEMBER GROUPS
LAST REVISED JAN 2020**

Includes all Overeaters Anonymous Meetings registered and affiliated with

**NORTH SHORE INTERGROUP
P.O. BOX 214
READING, MA 01867-0314 USA**

Contact Information

Phone..... (978) 387- 8188
Web.....www.oanorthshoreintergroup.org
Email.....info@oanorthshoreintergroup.org
Mtg. Changes: Darlene B. (978) 973-7137

This list is confidential
and to be used for OA purposes only.

OA PREAMBLE

(Amended at WSBC 2015)

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

SUNDAY

- Group #
- 20718 MARBLEHEAD – 8:00 AM
Jewish Community Center (handicap access)
4 Community Road
Sandra 781-631-4103
- 45029 MANCHESTER BY THE SEA – 8:30 AM
Manchester Community Center
40 Beach Street
Kate 805-660-1058
- 54261 BURLINGTON – 4:00 PM (BB)
St Mark’s Church
10 St Mark’s Road
Burlington, MA 01803
Bonnie 978-572-5486
- 00793 STONEHAM – 6:30 PM (new location)
First Congregational Church
1 Church Street
Elaine 781-245-2014

MONDAY

- Group #
- 47482 DANVERS – 7:00 PM (1 hr)
(Relapse / 12th Step Within)
All Saints Episcopal Church
46 Cherry Street
Karen 978-741-1890
- 19821 LOWELL – 7:00 PM (1 hr)
1st United Baptist Church (handicap access)
99 Church Street
Darlene 978-973-7137

TUESDAY

- Group #
- 33435 AMESBURY – 3:45 PM (OA Step)
Amesbury Health Center
24 Morrill Place (off Main St & Rt. 110)
Cynthia 978-388-2552
- 40875 NORTH ANDOVER – 4:30 PM (1 hr)
(OA 3rd Edition / Relapse) (handicap access)
St. Michael’s Church
196 Main Street (St. Theresa Room)
Mary 978-682-3467
- 46374 BEVERLY – 6:00 PM (1 hr) Step meeting
Beverly Hospital-Health & Arts Center Bldg.
(In small conference room)
Beverly Hospital
85 Herrick St.
Barbara 978-921-0572 (handicap access)
- 14169 STONEHAM – 7:00 PM (1 hr)
Stoneham Public Library, Stoneham Room
Corner of Main St. & Maple St.
Elaine 781-245-2014 (handicap access)

Meeting Accessibility

Is your meeting handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please let us know so that we can provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting. Please call Darlene at 978-973-7137 with any meeting changes

OA ON THE INTERNET

OA website.....www.oa.org
OA email.....info@oa.org
Region 6 website.....www.oaregion6.org
Region 6 email...webmaster@oaregion6.org

OA Facebook page: https://
www.facebook.com/
overeatersanonymousofficial/

OA Young Persons' Facebook page:
http://www.facebook.com/OAinfo

WEDNESDAY

- Group #
- 23771 BEVERLY – 6:00 PM (Literature)
Women’s Health & Arts Center Bldg.
(In small conference room)
Beverly Hospital
85 Herrick Street
Gloria 978-927-4754 (handicap access)
 - 45410 BRADFORD – 7:00 PM (Literature)
First Church of Christ
10 Church Street
Jane 978-857-9261
 - 17396 BURLINGTON – 7:15 PM (1 hr)
St. Mark’s Episcopal Church
10 St. Mark’s Road
Tina 781-872-1415

THURSDAY

- Group #
- 51620 BEVERLY – 10:00 AM
Relapse/Recovery
First Baptist Church
Lounge, 1st Fl., Opp. Office
221 Cabot Street
Ken 914-263-6532
 - 39203 NORTH ANDOVER – 4:30 PM
(OA Step / Tradition / Relapse)
St. Michael’s Church (handicap access)
196 Main Street (St. Theresa Room)
Cynthia L. 978-688-9269
 - 51009 LOWELL – 7:00 PM (1 hr) (OA 12 & 12)
1st United Baptist Church (handicap access)
99 Church Street
Dave 978-758-5488

FRIDAY

- Group #
- 16346 MALDEN – 9:30 AM (Big Book)
Church of The Nazarene (handicap access)
529 Eastern Ave.
Carol 978-317-1263
 - 11784 TEWKSBURY – 10:00 AM (OA Step)
St. William’s Church Basement
1351 Main Street (Rte. 38)
Ann 978-500-3791(handicap access)

SATURDAY

- Group #
- 54036 NEWBURYPORT – 7:15 AM
(Speaker/Discussion)
St Paul’s Episcopal Church
166 High Street
Nancy K. 978-376-8687
 - 13274 BEVERLY – 9:00 AM
The White Whale
Hale Street (behind First Baptist Church)
Gloria 978-927-4754
 - 15404 READING – 10:00 AM (OA Step)
First Congregational Church
25 Woburn Street
Kristen 781-974-9734

In keeping with Tradition 3, groups registering with North Shore Intergroup do not have requirements or suggestions for participation at OA meetings.

**NORTH SHORE INTERGROUP MEETING
(Intergroup # 09200)**

**1st Saturday of the month (except July)
10:00-11:30 AM**

**First Congregational Church
(Location Posted at Door)
25 Woburn Street, Reading, MA**

**We suggest that every group have someone
represent them at the monthly meeting.**

**Newcomers please arrive by 9:45 AM
ALL ARE WELCOME!**

*****PLEASE REMOVE***
OUTDATED NSI MEETING LISTS FROM
YOUR LITERATURE TABLES
All NSI lists must have the WSO approved OA logo
(as shown above)
and the amended (2015) version of the OA Preamble**