



**2022 MEETING LIST  
OF MEMBER GROUPS**

**Revised March 2022**

Includes all Overeaters Anonymous Meetings registered and affiliated with

**NORTH SHORE INTERGROUP  
P.O. BOX 214  
READING, MA 01867-0314 USA**

**North Shore IG Contact Information**

Phone..... (978) 387- 8188  
Website: [www.oanorthshoreintergroup.org](http://www.oanorthshoreintergroup.org)  
(See Website for zoom / phone mtng. info)  
Email.... [info@oanorthshoreintergroup.org](mailto:info@oanorthshoreintergroup.org)  
Mtg. Changes: Email above

**PLEASE CALL MEETING CONTACT\*\*  
TO COFIRM MEETING STATUS**

**OA PREAMBLE**

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating.

We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues.

Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

**SUNDAY**

**Group #**

20718 **MARBLEHEAD – 8:00 AM**  
Jewish Community Center (handicap access)  
4 Community Road -\*\*Sandra 781-631-4103  
**ZOOM** \* <https://us02web.zoom.us/j/896924089>  
Password: SundayOA!  
Phone: 646-558-8656 Password: 926860

45029 **MANCHESTER BY THE SEA – 8:30 AM**  
Manchester Community Center  
40 Beach Street\*\*Marcy R. 518-567-8996  
**ZOOM**\*<https://us06web.zoom.us/j/83279659811>  
Password: 165666  
Phone: 1-929-205-6099 Code: 165666

00793 **STONEHAM – 6:30 PM (new location)**  
**SUSPENDED**  
First Congregational Church  
1 Church Street  
\*\*Betty B. 781-438-5931

**MONDAY**

**Group #**

47482 **DANVERS – 7:00 PM (1 hr.)**  
(Relapse / 12<sup>th</sup> Step Within)  
All Saints Episcopal Church  
46 Cherry St. \*\*Linda 978-430-4485  
**ZOOM** \* <https://zoom.us/j/93311281604>  
Password: Danvers!  
Phone: 929-205-6099  
Meeting ID: 933 1128 1604 PW:569819

19821 **LOWELL – 7:00 PM (1 hr.)**  
The Bridge Club  
33 E. Merrimack St. \*\*Mike 978-420-8270  
**HYBRID** \* <https://zoom.us/j/88122445387>  
Password: 399696  
Phone: 415-762-9988  
Code: 88122445387 Password: 399696

**TUESDAY**

**Group #**

33435 **AMESBURY – 3:45 PM (OA Step)**  
Amesbury Health Center  
24 Morrill Place (off Main St & Rt. 110)  
\*\*Cynthia C.978-388-2552  
**PHONE** # 978-990-5000 Code: 456889 (new 1/22)

40875 **NORTH ANDOVER – 4:30 PM (1 hr.)**  
(OA 3<sup>rd</sup> Edition / Relapse) (handicap access)  
St. Michael’s Church  
196 Main Street (St. Theresa Rm)  
\*\*Char V. 978-273-2093  
**ZOOM** \* <https://zoom.us/j/95303633778>  
Password: NAndover!  
Phone: 1-929-205-6099 Password:466523  
Meeting ID#953 0363 3778

46374 **BEVERLY – 6:00 PM (1 hr.) Step meeting**  
**SUSPENDED**  
Beverly Hospital-Health & Arts Center Bldg.  
(In small conference room)  
85 Herrick St. (Handicap access)  
\*\*Ken G. 914-263-6532

14169 **STONEHAM – 7:00 PM (1 hr.)**  
**FACE TO FACE**  
Stoneham Public Library, Stoneham Room  
Corner Main & Maple St. (handicap access)  
\*\*Betty 781-438-5931

**WEDNESDAY**

**Group #**

23771 **BEVERLY – 6:00 PM (Literature)**  
**SUSPENDED**  
Women’s Health & Arts Center Bldg.  
(In small conference room)  
85 Herrick Street (handicap access)  
\*\*Gloria 978-927-4754

45410 **BRADFORD – 7:00 PM (Literature)**  
**SUSPENDED** First Church of Christ - 10 Church St.

**\*\*Jane 978-857-9261**

**WEDNESDAY (Cont.)**

17396 **BURLINGTON – 7:00 PM (1 hr.)**  
St. Mark’s Episcopal Church  
10 St. Mark’s Rd. **\*\*Tina 781-872-1415**  
**ZOOM** <https://us02web.zoom.us/j/87581721055>  
Password: 007709  
Phone # 929-205-6099 Code # 007709

**THURSDAY**

**Group #**  
51620 **BEVERLY –10:00 AM (Relapse/Recovery)**  
**SUSPENDED**  
First Baptist Church  
Lounge, 1<sup>st</sup> Fl., Opp. Office  
221 Cabot Street  
**\*\*Ken G. 914-263-6532**  
39203 **NORTH ANDOVER – 4:30 PM**  
**(OA Step / Tradition / Relapse)**  
St. Michael’s Church (handicap access)  
196 Main Street (St. Theresa Room)  
**Char V. 978-273-2093**  
**ZOOM** <https://zoom.us/j/93541355195>  
Password: NAndover!  
Phone: 1-929-205-6099 Password: 510893  
Meeting ID # 935 4135 5195

51009 **LOWELL – 7:00 PM (1 hr.) (OA 12 & 12)**  
The Bridge Club 33 E Merrimack St  
**\*\*Dave 978-459-6959**  
**HYBRID** <https://zoom.us/j/88122445387>  
Phone: 415-762-9988  
Code: 88122445387 Password: 399696

**FRIDAY**

**Group #**  
16346 **MALDEN – 9:30 AM (Big Book)**  
Church of The Nazarene (handicap access)  
529 Eastern Ave. **\*\*Carol R. 978-317-1263**  
**\*\*Roseann N. 781-321-6836**  
**PHONE** \*425-436-6393 Code # 752980

11784 **TEWKSBURY – 10:00 AM (OA Step)**  
St. William’s Church Basement  
1351 Main Street (Rte. 38) (handicap access)  
**\*\*Ann C. 978-500-3791 (call for password)**  
**ZOOM** Meeting ID# 460 576 708  
Phone # 646-558-8656

**SATURDAY**

**Group #**  
13274 **BEVERLY – 9:00 AM**  
The White Whale  
Hale Street (behind First Baptist Church)  
**FACE TO FACE** **\*\*Gloria P. 978-927-4754**  
15404 **READING – 10:30 AM (OA Step)**  
First Cong. Church - 25 Woburn Street  
**\*\*Kristen B.781-974-9734**  
**ZOOM** <https://us/02web.zoom.us/j/89704512418>  
Password: 320976 Phone: 929-205-6099  
Meeting ID# 897 0451 2418 Code: 320976

**In keeping with Tradition 3, groups registering with North Shore Intergroup do not have requirements or suggestions for participation/sharing at OA meetings.**

**Meeting Accessibility**

Is your meeting location handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please let us know so that we can provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting. Please email: [info@oanorthshoreintergroup.org](mailto:info@oanorthshoreintergroup.org) with any meeting changes.

**This list is confidential and to be used for OA purposes only.**

**NORTH SHORE INTERGROUP MEETING (Intergroup # 09200)**

**1st Saturday of the month (except July) 10:00-11:30 AM**

**Currently meeting on ZOOM email NSI for info on how to attend. (See pg. one)**

**First Congregational Church (Location Posted at Door) 25 Woburn Street, Reading, MA We suggest that every group have someone represent them at the monthly meeting.**

**We suggest that Newcomers arrive by 9:45 AM**

**ALL ARE WELCOME!**

**OA ON THE INTERNET**  
OA website..... [www.oa.org](http://www.oa.org)  
OA email..... [info@oa.org](mailto:info@oa.org)  
Region 6 website..... [www.oaregion6.org](http://www.oaregion6.org) Region 6 email...[webmaster@oaregion6.org](mailto:webmaster@oaregion6.org)  
**NSI contact info: see page one.**  
OA Facebook page: <https://www.facebook.com/overeatersanonymousofficial/>

**OA Young Persons’ Facebook page: <http://www.facebook.com/OAinfo>**