



2023 MEETING LIST OF MEMBER GROUPS

Revised January 2023

Includes all Overeaters Anonymous Meetings registered and affiliated with

**NORTH SHORE INTERGROUP
P.O. BOX 214
READING, MA 01867-0314 USA**

North Shore IG Contact Information

Phone: 351-215-9074
Website: www.oanorthshoreintergroup.org
Email: info@oanorthshoreintergroup.org
Meeting Changes: Please send email

PLEASE CALL MEETING CONTACT** TO CONFIRM MEETING STATUS

OA PREAMBLE

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating.

We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues.

Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

SUNDAY

Group

20718 **MARBLEHEAD – 8:00 AM**
Jewish Community Center (handicap access)
4 Community Road -****Sandra 781-631-4103**
ZOOM * <https://us02web.zoom.us/j/896924089>
Password: SundayOA!
Phone: 646-558-8656 Password: 926860

45029 **MANCHESTER BY THE SEA – 8:30 AM**
Manchester Community Center
40 Beach Street****Marcy R. 518-567-8996**
ZOOM*Meeting ID: 914 263 6532
Phone: 312-626-6799 Password:800639

00793 **STONEHAM – 6:30 PM (new location)**
SUSPENDED ****Betty B. 781-438-5931**
First Congregational Church
1 Church Street

MONDAY

Group

800583 **DANVERS – 7:00 PM (1 hr.)**
(Relapse / 12th Step Within)
****Linda 978-430-4485**
ZOOM * <https://zoom.us/j/93311281604>
Meeting ID: 933 1128 1604
Password: Danvers!
Phone: 929-205-6099
PW: 569819

19821 **LOWELL – 7:00 PM (1 hr.)**
The Bridge Club of Greater Lowell
33 E. Merrimack St. ****Mike 978-420-8270**
HYBRID * <https://zoom.us/j/88122445387>
Meeting ID: 881 2244 5387
Password: 399696
Phone: 415-762-9988 Password: 399696

TUESDAY

Group

33435 **AMESBURY – 3:30 PM (OA Step)**
Amesbury Health Center
24 Morrill Place (off Main St & Rt.110)
HYBRID Phone: 978-990-5000 Pin: 456889#
****Cynthia C. 978-388-2552**

40875 **NORTH ANDOVER – 4:30 PM (1 hr.)**
(OA 3rd Edition / Relapse) (handicap access)
St. Michael's Church
196 Main Street (St. Theresa Rm)
****Char V. 978-273-2093**
ZOOM * <https://zoom.us/j/95303633778>
Meeting ID#953 0363 3778
Password: NAndover!
Phone: 1-929-205-6099 Password:466523

46374 **BEVERLY – 6:00 PM (1 hr.) Step meeting**
SUSPENDED
Beverly Hospital-Health & Arts Center Bldg.
(In small conference room)
85 Herrick St. (Handicap access)
****Ken G. 914-263-6532**

14169 **STONEHAM – 7:00 PM (1 hr.)**
FACE TO FACE ****Betty B. 781-438-5931**
Stoneham Public Library, Stoneham Room
Corner Main & Maple St. (handicap access)

WEDNESDAY

Group

23771 **BEVERLY – 6:00 PM (Literature)**
SUSPENDED ****Gloria 978-927-4754**
Women's Health & Arts Center Bldg.
(In small conference room)
85 Herrick Street (handicap access)

45410 **BRADFORD – 7:00 PM (Literature)**
FACE TO FACE ****Jane 978-857-9261**
First Church of Christ - 10 Church St.

(continued on next page)

WEDNESDAY (Continued)

Group #

17396 **BURLINGTON – 7:00 PM (1 hr.)**
St. Mark’s Episcopal Church
10 St. Mark’s Rd. ****Tina 781-872-1415**
ZOOM <https://us/02web.zoom.us/j/87581721055>
Meeting ID: 875 8172 1055
Password: 007709
Phone # 929-205-6099 Passcode # 007709

THURSDAY

Group #

51620 **BEVERLY –10:00 AM (Relapse/Recovery)**
SUSPENDED ****Ken G. 914-263-6532**
First Baptist Church
Lounge, 1st Fl., Opp. Office
221 Cabot Street

39203 **NORTH ANDOVER – 4:30 PM**
(OA Step / Tradition / Relapse)
St. Michael’s Church (handicap access)
196 Main Street (St. Theresa Room)
****Char V. 978-273-2093**
ZOOM <https://zoom.us/j/93541355195>
Meeting ID # 935 4135 5195
Password: NAndover!
Phone: 1-929-205-6099 Password: 510893

51009 **LOWELL – 7:00 PM (1 hr.) (OA 12 & 12)**
The Bridge Club of Greater Lowell
33 E Merrimack St
****Dave 978-459-6959**
HYBRID <https://zoom.us/j/88122445387>
Meeting ID: 881 2244 5387
Password: 399696
Phone: 415-762-9988 Password: 399696

MEETING CHANGES?

**Please call: 351-215-9074 or email:
info@oanorthshoreintergroup.org**

FRIDAY

Group #

16346 **MALDEN – 9:30 AM (Big Book)**
Church of The Nazarene (handicap access)
529 Eastern Ave. ****Carol R. 978-317-1263**
****Roseann N. 781-321-6836**
PHONE *425-436-6393 Code # 752980

11784 **TEWKSBURY – 10:00 AM (OA Step)**
St. William’s Church Basement
1351 Main Street (Rte. 38) (handicap access)
****Ann C. 978-500-3791 (call for password)**
ZOOM Meeting ID: 460 576 708
Phone: 646-558-8656

SATURDAY

Group #

13274 **BEVERLY – 9:00 AM**
FACE TO FACE ****Gloria P. 978-927-4754**
The White Whale
Hale Street (behind First Baptist Church)

15404 **READING – 10:30 AM (OA Step)**
First Cong. Church - 25 Woburn Street
****Kristen B.781-974-9734**
ZOOM <https://us/02web.zoom.us/j/89704512418>
Meeting ID# 897 0451 2418
Password: 320976
Phone: 929-205-6099 Passcode: 320976

**In keeping with Tradition 3, groups registering
with North Shore Intergroup do not have
requirements or suggestions for
participation/sharing at OA meetings.**

Meeting Accessibility

Is your meeting location handicapped accessible?
Is it listed as such on the North Shore Intergroup
meeting list? Please let us know so that we can
provide information that may make a difference
to another compulsive overeater who may not
otherwise be able to attend a meeting.

**This list is confidential
and is to be used for OA purposes only.**

**NORTH SHORE INTERGROUP MEETING
(Intergroup # 09200)**

**1st Saturday of the month (except July)
10:00-11:30 AM**

**We currently meet as a HYBRID meeting.
(both Zoom and in person)
Please email NSI for info on how to attend:
info@oanorthshoreintergroup.org**

**First Congregational Church
(Location Posted on Door)
25 Woburn Street, Reading, MA
We suggest that every group have someone
represent them at the monthly meeting.**

We suggest that Newcomers arrive by 9:45 AM

ALL ARE WELCOME!

OA ON THE INTERNET

**OA World Service: www.oa.org
OA World Service: info@oa.org
Region 6: www.oaregion6.org
Region 6: webmaster@oaregion6.org**

NSI contact info: See first page

**OA Facebook page:
[https://www.facebook.com/
overeatersanonymousofficial/](https://www.facebook.com/overeatersanonymousofficial/)**

**OA Young Persons’ Facebook page:
<http://www.facebook.com/OAinfo>**