



## 2023 MEETING LIST OF MEMBER GROUPS

### Revised March 2023

Includes all Overeaters Anonymous  
Meetings registered and affiliated with

**NORTH SHORE INTERGROUP**  
P.O. BOX 214  
READING, MA 01867-0314 USA

#### **North Shore IG Contact Information**

Phone: 351-215-9074  
Website: [www.oanorthshoreintergroup.org](http://www.oanorthshoreintergroup.org)  
Email: [info@oanorthshoreintergroup.org](mailto:info@oanorthshoreintergroup.org)  
Meeting Changes: Please send email

**PLEASE CALL MEETING CONTACT\*\*  
TO CONFIRM MEETING STATUS**

#### **OA PREAMBLE**

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating.

We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues.

Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

### SUNDAY

#### **Group #**

800781 **MARBLEHEAD – 8:00 AM**  
\*\*Sandra 781-631-4103

**ZOOM** \* <https://us06web.zoom.us/j/81593139921>  
Meeting ID: 815 9313 9921  
Passcode: 166016 Phone: 929-205-6099

45029 **MANCHESTER BY THE SEA – 8:30 AM**  
\*\*Marcy R. 518-567-8996

**ZOOM** \* <https://us06web.zoom.us/j/82830521805?pwd=T3dXS0NZUEExVkJhaEdmb052Z0FjQT09>  
Meeting ID: 828 3052 1805 Pwd: 999643  
Phone: 929-205-6099 Password: 999643

00793 **STONEHAM – 6:30 PM (new location)**  
**SUSPENDED** \*\*Betty B. 781-438-5931  
First Congregational Church  
1 Church Street

### MONDAY

#### **Group #**

800583 **DANVERS – 7:00 PM (1 hr.)**  
(Relapse / 12<sup>th</sup> Step Within)  
\*\*Linda 978-430-4485  
**ZOOM** \* <https://zoom.us/j/93311281604>  
Meeting ID: 933 1128 1604  
Password: Danvers!  
Phone: 929-205-6099, Passcode: 569819

19821 **LOWELL – 7:00 PM (1 hr.)**  
The Bridge Club of Greater Lowell  
33 E. Merrimack St. \*\*Mike 978-420-8270  
**HYBRID** \* <https://zoom.us/j/88122445387>  
Meeting ID: 881 2244 5387  
Password: 399696  
Phone: 415-762-9988 Password: 399696

### TUESDAY

#### **Group #**

33435 **AMESBURY – 3:30 PM (OA Step)**  
Amesbury Health Center  
24 Morrill Place (off Main St & Rt.110)  
**HYBRID** Phone: 978-990-5000 Pin: 456889#  
\*\*Cynthia C. 978-388-2552

40875 **NORTH ANDOVER – 4:30 PM (1 hr.)**  
(OA 3<sup>rd</sup> Edition / Relapse) (handicap access)  
St. Michael's Church  
196 Main Street (St. Theresa Rm)  
\*\*Char V. 978-273-2093  
**ZOOM** \* <https://zoom.us/j/95303633778>  
Meeting ID#953 0363 3778  
Password: NAndover!  
Phone: 1-929-205-6099 Password: 466523

46374 **BEVERLY – 6:00 PM (1 hr.) Step meeting**  
**SUSPENDED**  
Beverly Hospital-Health & Arts Center Bldg.  
(In small conference room)  
85 Herrick St. (Handicap access)  
\*\*Ken G. 914-263-6532

14169 **STONEHAM – 7:00 PM (1 hr.)**  
**FACE TO FACE** \*\*Betty B. 781-438-5931  
Stoneham Public Library, Stoneham Room  
Corner Main & Maple St. (handicap access)

### WEDNESDAY

#### **Group #**

23771 **BEVERLY – 6:00 PM (Literature)**  
**SUSPENDED** \*\*Gloria 978-927-4754  
Women's Health & Arts Center Bldg.  
(In small conference room)  
85 Herrick Street (handicap access)

45410 **BRADFORD – 7:00 PM (Literature)**  
**FACE TO FACE** \*\*Jane 978-857-9261  
First Church of Christ - 10 Church St.

(continued on next page)

### WEDNESDAY (Continued)

#### Group #

17396 **BURLINGTON – 7:00 PM (1 hr.)**  
\*\*Karen 857-363-1619  
**ZOOM** <https://us06web.zoom.us/j/89823679649>  
Meeting ID: 898 2367 9649  
Password: 201101  
Phone: 929-205-6099 Passcode: 201101

### THURSDAY

#### Group #

51620 **BEVERLY – 10:00 AM (Relapse/Recovery)**  
**SUSPENDED** \*\*Ken G. 914-263-6532  
First Baptist Church  
Lounge, 1<sup>st</sup> Fl., Opp. Office  
221 Cabot Street

39203 **NORTH ANDOVER – 4:30 PM**  
**(OA Step / Tradition / Relapse)**  
St. Michael's Church (handicap access)  
196 Main Street (St. Theresa Room)  
\*\*Char V. 978-273-2093  
**ZOOM** <https://zoom.us/j/93541355195>  
Meeting ID # 935 4135 5195  
Password: NAndover!  
Phone: 1-929-205-6099 Password: 510893

51009 **LOWELL – 7:00 PM (1 hr.) (OA 12 & 12)**  
The Bridge Club of Greater Lowell  
33 E Merrimack St  
\*\*Dave 978-459-6959  
**HYBRID** <https://zoom.us/j/88122445387>  
Meeting ID: 881 2244 5387  
Password: 399696  
Phone: 415-762-9988 Password: 399696

### **MEETING CHANGES?**

**Please call: 351-215-9074 or email:**  
**[info@oanorthshoreintergroup.org](mailto:info@oanorthshoreintergroup.org)**

### FRIDAY

#### Group #

16346 **MALDEN – 9:30 AM (Big Book)**  
\*\*Roseann N. 781-321-6836  
**PHONE** Phone: 425-436-6393 Code: 752980

11784 **TEWKSBURY – 10:00 AM (OA Step)**  
St. William's Church Basement  
1351 Main Street (Rte. 38) (handicap access)  
\*\*Ann C. 978-500-3791 (call for password)  
**ZOOM** Meeting ID: 460 576 708  
Phone: 646-558-8656

### SATURDAY

#### Group #

13274 **BEVERLY – 9:00 AM**  
**FACE TO FACE** \*\*Gloria P. 978-927-4754  
The White Whale  
Hale Street (behind First Baptist Church)

15404 **READING – 10:30 AM (OA Step)**  
\*\*Jill 781-999-3049  
**ZOOM** <https://us06web.zoom.us/j/89761514042?pwd=RmoxaDFOkZcrTmN0S0syMDhvOEtXQT09>  
Meeting ID: 897 6151 4042  
Password: 270477  
Phone: 929-205-6099 Passcode: 270477

**In keeping with Tradition 3, groups registering with North Shore Intergroup do not have requirements or suggestions for participation/sharing at OA meetings.**

### **Meeting Accessibility**

Is your meeting location handicapped accessible?  
Is it listed as such on the North Shore Intergroup meeting list? Please let us know so that we can provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting.

**This list is confidential  
and is to be used for OA purposes only.**

### **NORTH SHORE INTERGROUP MEETING (Intergroup # 09200)**

**1st Saturday of the month (except July)  
10:00-11:30 AM**

**We currently meet as a HYBRID meeting.  
(both Zoom and in person)  
Please email NSI for info on how to attend:  
[info@oanorthshoreintergroup.org](mailto:info@oanorthshoreintergroup.org)**

**First Congregational Church  
(Location Posted on Door)  
25 Woburn Street, Reading, MA  
We suggest that every group have someone  
represent them at the monthly meeting.**

**We suggest that Newcomers arrive by 9:45 AM**

**ALL ARE WELCOME!**

### **OA ON THE INTERNET**

**OA World Service: [www.oa.org](http://www.oa.org)  
OA World Service: [info@oa.org](mailto:info@oa.org)  
Region 6: [www.oaregion6.org](http://www.oaregion6.org)  
Region 6: [webmaster@oaregion6.org](mailto:webmaster@oaregion6.org)**

**NSI contact info: See first page**

**OA Facebook page:  
<https://www.facebook.com/overeatersanonymousofficial/>**

**OA Young Persons' Facebook page:  
<http://www.facebook.com/OAinfo>**