



**Join NSI at our 14<sup>th</sup> Annual One-Day OA Retreat!**  
**Notre Dame Spirituality Center---30 Jeffery's Neck Road, Ipswich, MA**  
Find driving directions at their website [www.notredamesc.org](http://www.notredamesc.org)

**SATURDAY, JUNE 20, 2026 ~~~ from 9am to 3pm**

**OUR BODIES and the RECOVERY JOURNEY**



The goal of this workshop is for participants to experience better consciousness of our bodies, and consider ways we can use the recovery process to experience healing and wholeness.

**REGISTER EARLY!!**  
**Bring your own lunch this year!!**

**Coffee, Tea & Water will be provided ~ Smoke & Fragrance Free ~ Handicapped Accessible**

**For more information Text: Charlene 978-273-2093 or Patti 978-387-6006**

**Registration Confirmation will be sent prior to 6/3/26. If you need to cancel, please let us know!**

**Registration is \$15 and is due by 6/10/26. Please make check out to "North Shore Intergroup" or "NSI"**

**Your fee is non-refundable but it is transferable.**

**Send payment to Charlene V., 60 Swan Ave., Methuen, MA 01844**

**Name** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Address** \_\_\_\_\_

**Email** \_\_\_\_\_