

Public Information/Public Outreach Exciting News!!!

NSI applied for and has been awarded a Grant from Region 6 to help carry the message (Our Primary Purpose). We are beginning a public outreach campaign in our North Shore towns and cities. We currently have one OA NSI bus ad on a Cape Ann transportation bus. Look for it at the malls in Danvers on Saturdays. Two additional bus ads for the Merrimack Valley, Lawrence/Methuen/Haverhill area are planned for December.

We will depend on you to gather some evidence about how effective we have been in order to present a report to OA Region 6, the provider of the cost of most of our endeavor.

NSI owes a great big thank you to the members who did the research and all the hard work that brought this great project to life.

If you see one of the ads, please let us know!

Send a photo or comment to:

info@oanorthshoreintergroup.org



UPCOMING OA EVENTS



"Reach Out For Recovery"

2015 Region 6 Convention

October 23-25, 2015

Hilton Hartford Hotel, Hartford, CT.

www.oaregion6.org

❖ **Register for the Convention**

❖ **Reserve your Hotel Room**

Don't forget to sign up for service!!!

SAVE THE DATE

THE WORLD IS COMING TO BOSTON!!



2016 OA World Service Convention

September 1-4

Editorial Policy

SHARINGS is the newsletter of North Shore Intergroup (NSI) of Overeaters Anonymous. Material submitted to SHARINGS cannot be returned. The editors reserve the right to edit material submitted. Other anonymous groups may reprint without permission. The opinions expressed are those of the writer(s) not those of NSI or OA as a whole. Please address submissions to the address at the top of the newsletter or info@oanorthshoreintergroup.org



SHARINGS

NORTH SHORE INTERGROUP OF OVEREATERS ANONYMOUS 978-387-8188 Sept. 2015

Box 214, READING, MA 01867

WHAT'S NEW AT OA.ORG

- Revised OA Handbook for Members, Groups, and Service Bodies Now in the Bookstore
- NEW BOOK! Taste of Lifeline Now Available!
- Step Seven Podcast—FREE to download or stream
- 2016 Lifeline Topics are here! Send Your Story on "How OA Changed My Life" by September 15.
- In the Bookstore: Twelve Stepping a Problem Wallet Card

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### How are our NSI Meetings doing?

- Did you or your meeting participate in the recent IG survey?
- Is your meeting current and up to date on all the latest?
- Is your meeting reading the OA Preamble as it was revised and approved at the 2015 WSBC?
- Is your meeting reading the OA Tools? Do they read the Tools Pamphlet or the OA abridged version? (both approved)
- Is your meeting reading from the "Big Book"? As a courtesy to AA we have been asked to read exactly as written without changing text.
- Does your meeting send a representative to the monthly Intergroup meeting? We welcome all members.
- Does your meeting have a "DD" (not what you're thinking!!) It's a **Designated Downloader**, someone willing to check the OA websites occasionally and bring the news to the meeting.
- Is your meeting's info correct on the NSI meeting list?

## Do you have something to share?

Send your submission to:  
 "SHARINGS" PO Box 214 Reading, MA 01867  
 or [info@oanorthshoreintergroup.org](mailto:info@oanorthshoreintergroup.org)

♥♥♥♥ A VERY SPECIAL THANK YOU TO ALL OF THE NSI MEETINGS FOR SUPPORTING YOUR LOCAL MEETINGS, NSI, REGION 6 & OA ♥♥♥♥

The 7<sup>th</sup> Tradition means more than just financial support, it means giving the greatest gift, of YOU, through **SERVICE!**

### NORTHSHORE INTERGROUP MEETINGS

First Saturday of Each Month (except July)

Basement Room at First Congregational Church

25 Woburn St ~ Reading MA

Each meeting is encouraged to send a rep.

Orientation for new reps: 9:45am - 978-387-8188

Business Meeting: 10:00-11:30am

2014/15 NSI Officers

|              |             |
|--------------|-------------|
| Chair:       | Jane H.     |
| Secretary:   | Beckah R.   |
| Treasurer:   | Charlene V. |
| Coordinator: | Gloria P.   |

### \*\*\*\*\* MEETING NEWS \*\*\*\*\*

- **NEW Sept. 10<sup>th</sup> Reading Thursday 7:00pm**  
1<sup>st</sup> Congregational Church Woburn St.
- **CLOSED Newburyport Wednesday Noon**  
meeting at St. Paul's Church.

**Meeting Accessibility:** Is your meeting handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please provide information that may make a difference to another compulsive eater who may not otherwise be able to attend a meeting. Please notify NSI Coordinator, Gloria P. 978-927-4754, with any changes so that the meeting list can be updated.

### FIND OA ON THE WEB

OA website: [www.oa.org](http://www.oa.org)

OA email: [info@oa.org](mailto:info@oa.org)

Region 6 website: [www.oaregion6.org](http://www.oaregion6.org)

Region 6 email: [webmaster@oaregion6.org](mailto:webmaster@oaregion6.org)

NSI website: [www.oanorthshoreintergroup.org](http://www.oanorthshoreintergroup.org)

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