

SHARINGS



Box 214,

READING, MA 01867

NORTH SHORE INTERGROUP OF OVEREATERS ANONYMOUS 978-387-8188 Dec. 2014

FEATURED ARTICLES

2014 OA Region 6 Convention

When I heard about the Wicked Awesome Recovery Convention in Burlington, I knew I wanted to participate and knew it would be exciting. I can say now that it was Beyond My Wildest Dreams! Not only was it a weekend of Wicked Awesome recovery, but it was an opportunity to be completely surrounded by the fellowship in a big way. I was able to meet so many new friends from all over Region 6. I made friends with people who now join me on a video conference call meeting we set up monthly together. It is amazing to me that I can have such a strong connection with people I've just met and it is because we have one major thing in common, we all identify as compulsive eaters. I have already signed up for the region 6 Convention happening in Hartford, CT next October. I love that no matter where I am in life, I can connect with someone in program, on a spiritual and emotional level that I don't usually feel with people outside of the fellowship. I am so grateful, and one day at a time, I get to live a happy, joyous and free existence WITH ENTHUSIASM!

Jackee, Merrimack Valley

SERVICE AT THE 2014 REGION 6 CONVENTION

A little over a year ago I was sitting in the Region 6 Fall Assembly convention committee meeting listening to plans come together for the 2014 convention. I remember thinking how much fun it was going to be to have it in our area and I couldn't wait! I knew I wanted to help in some way because service is a very important piece of my recovery, so when a volunteer for co-chair was needed I sat on my hands and said to myself, "I think I'll pass on this one and just wait for something a little less

frightening." But...God had other plans and my hand went up as though a puppeteer's string were attached to it. I knew who the puppeteer was! I am so grateful I was willing to accept that incredible gift that God put into my hands that day. This service has given me more than I could have ever given to it. I want to encourage anyone and everyone to enhance your recovery by stepping up to do some type of service for this wonderful OA program.

Char

UPCOMING OA EVENTS

www.oanorthshoreintergroup.org

Happy New Year!

Thursday, January 1, 2015

1:00pm-3:00pm

2 One Hour Meetings...Speakers & Sharing

Beverly Hospital Lecture Hall

85 Herrick St Beverly MA

Sponsored by North Shore Intergroup

For Info: Marcy 518-567-8996

NHI Annual OA Retreat

January 10-12, 2015

www.oanewhampshire.org

STEP INTO RECOVERY

CMI OA retreat

March 20-22, 2015

Framingham MA

eventsctmi@gmail.com

Annual NSI ONE DAY OA retreat

Saturday, June 20, 2015

Ipswich MA

New OA Literature:

OA 3rd Edition \$14.00

For Today Workbook \$11.00

Editorial Policy

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Young Person's Packet \$2.50

♥♥♥ A VERY SPECIAL THANK YOU TO ALL OF THE NSI MEETINGS FOR SUPPORTING YOUR LOCAL MEETINGS, NSI, REGION 6 & OA ♥♥♥

NSI SEVENTH TRADITION DONATIONS

Final Report~~Fiscal Year 2014 (10/1/13-9/30/14)

			YTD
Amesbury	Tuesday	3:45 pm	\$ 140.00
Beverly	Wednesday	6:00 pm	\$ 118.00
Beverly	Tuesday	6:00 pm	\$ 140.00
Beverly	Saturday	9:00 am	\$972.50
Beverly	Thursday	10:00 am	\$ 400.00
Bradford	Wednesday	7:00 pm	\$ 60.00
Burlington	Wednesday	7:30 pm	\$ 525.00
Malden	Friday	9:30 am	\$ 85.00
Manch.bySea	Sunday	8:30 am	\$ 476.10
Marblehead	Sunday	8:00 am	\$ 39.25
Marblehead	Monday	6:30 pm	\$ 0.00
Marblehead	Monday	4:00 pm	\$ 160.00
Marblehead	Wednesday	4:00 pm	\$ 0.00
Marblehead	Friday	Noon	\$ 34.00
Medford	Thursday	7:00 pm	\$ 30.00
Melrose	Friday	7:00 pm	\$ 98.64
Newburyport	Wednesday	Noon	\$ 0.00
Newburyport	Sunday	5:30 pm	\$ 0.00
No. Andover	Tuesday	4:30 pm	\$200.00
No. Andover	Thursday	4:30 pm	\$ 150.00
Reading	Saturday	10:00 am	\$ 230.00
Reading	Monday	10:00 am	\$ 65.00
Stoneham	Tuesday	7:00 pm	\$121.00
Tewksbury	Friday	10:00 am	\$ 110.00
Wakefield	Sunday	6:30 pm	\$ 64.50

Misc./Phone	Meetings		\$ 10.00
7 TH TRAD.	FY	TOTAL	\$ 4,194.99
7 TH to WSO	30%	TOTAL	\$ 1,258.50
7 TH to R-6	10%	TOTAL	\$ 419.50

The 7th Tradition means more than financial support, it means giving the greatest gift, of YOU, through service! North Shore Intergroup has 24 meetings and less than half are represented at the monthly intergroup meeting. Your meeting is entitled to have a voice and a vote. Please consider representing your meeting!

Do you have something to share? "Sharings" would love to hear from you. Contact Jane H. with any written contributions.

Meeting Accessibility: Is your meeting handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting.

Call Gloria P. with any meeting/contact changes.

* * *

Hi, my name is Jane H. and I'm a compulsive overeater. I've just been elected chair of the North Shore Intergroup. I'm excited about and feeling challenged by the chair position and its duties. What brings me so much peace, is knowing that other OA's have gone before me and have wisdom and knowledge that I can call on when I need help taking the next right action. I am honored to have been given this service opportunity. Come to intergroup meetings! Find out what we are all about.

FIND OA ON THE WEB

OA website: www.oa.org

OA email: info@oa.org

Region 6 website: www.oaregion6.org

Region 6 email: webmaster@oaregion6.org

NSI website: www.oanorthshoreintergroup.org

NSI email: info@oanorthshoreintergroup.org

NORTHSHORE INTERGROUP MEETINGS

First Saturday of Each Month (except July)

Basement Room at First Congregational Church

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Sanborn St, Reading MA

Each meeting is encouraged to send a rep.

Orientation for new reps: 9:45PM - 978-387-8188

Business Meeting: 10:00-11:30am

2014/15 NSI Officers

Chair: Jane H.
Secretary: Open
Treasurer: Charlene V.
Coordinator: Gloria P. (978-927-4754)

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