



**2021 MEETING LIST  
OF MEMBER GROUPS**

**Revised November 2021**

Includes all Overeaters Anonymous Meetings registered and affiliated with

**NORTH SHORE INTERGROUP  
P.O. BOX 214  
READING, MA 01867-0314 USA**

**North Shore IG Contact Information**

Phone..... (978) 387- 8188  
Website: [www.oanorthshoreintergroup.org](http://www.oanorthshoreintergroup.org)  
(See Website for zoom / phone mtng. info)  
Email..... [info@oanorthshoreintergroup.org](mailto:info@oanorthshoreintergroup.org)  
Mtg. Changes: Email above

**PLEASE CALL MEETING CONTACT TO  
COFIRM MEETING STATUS**

**OA PREAMBLE**

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating.

We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues.

Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

**SUNDAY**

**Group #**

20718 **MARBLEHEAD – 8:00 AM**  
Jewish Community Center (handicap access)  
4 Community Road - Sandra 781-631-4103  
**ZOOM** \* <https://us02web.zoom.us/j/896924089>  
Password: SundayOA!  
Phone: 646-558-8656 Password: 926860

45029 **MANCHESTER BY THE SEA – 8:30 AM**  
Manchester Community Center  
40 Beach Street Marcy 518-567-8996  
**ZOOM** \* <https://zoom.us/j/9142636532>  
Password: 800639  
Phone: 1-312-626-6799 Code: 9142636532#

00793 **STONEHAM – 6:30 PM (new location)**  
**SUSPENDED**  
First Congregational Church  
1 Church Street  
Elaine 781-245-2014

**MONDAY**

**Group #**

47482 **DANVERS – 7:00 PM (1 hr.)**  
(Relapse / 12<sup>th</sup> Step Within)  
All Saints Episcopal Church  
46 Cherry Street Linda 978-430-4485  
**ZOOM** \* <https://zoom.us/j/93311281604>  
Password: Danvers!  
Phone: 929-205-6099  
Meeting ID: 933 1128 1604 PW:569819

19821 **LOWELL – 7:00 PM (1 hr.)**  
The Bridge Club  
33 E. Merrimack St. Mike 978-420-8270  
**HYBRID** \* <https://zoom.us/j/369718443>  
Password: 399696  
Phone: 415-762-9988  
Code: 369718443 Password: 399696

**TUESDAY**

**Group #**

33435 **AMESBURY – 3:45 PM (OA Step)**  
Amesbury Health Center  
24 Morrill Place (off Main St & Rt. 110)  
Cynthia 978-388-2552  
**PHONE** \* 978-990-5000 Code: 391553

40875 **NORTH ANDOVER – 4:30 PM (1 hr.)**  
(OA 3<sup>rd</sup> Edition / Relapse) (handicap access)  
St. Michael's Church 196 Main Street  
(St. Theresa Room) Char 978-273-2093  
**ZOOM** \* <https://zoom.us/j/95303633778>  
Password: NAndover!  
Phone: 1-929-205-6099 Password:466523  
Meeting ID#953 0363 3778

46374 **BEVERLY – 6:00 PM (1 hr.) Step meeting**  
**SUSPENDED**  
Beverly Hospital-Health & Arts Center Bldg.  
(In small conference room)  
85 Herrick St. (Handicap access)  
Ken 914-263-6532

14169 **STONEHAM – 7:00 PM (1 hr.)**  
**SUSPENDED**  
Stoneham Public Library, Stoneham Room  
Corner Main & Maple St. (handicap access)  
Elaine 781-245-2014

**WEDNESDAY**

**Group #**

23771 **BEVERLY – 6:00 PM (Literature)**  
**SUSPENDED**  
Women's Health & Arts Center Bldg.  
(In small conference room)  
85 Herrick Street (handicap access)  
Gloria 978-927-4754

45410 **BRADFORD – 7:00 PM (Literature)**  
First Church of Christ - 10 Church St.  
**FACE TO FACE** Jane 978-857-9261

**WEDNESDAY (Cont.)**

17396 **BURLINGTON – 7:15 PM (1 hr.)**  
St. Mark’s Episcopal Church  
10 St. Mark’s Road Tina 781-872-1415  
**ZOOM** <https://us02web.zoom.us/j/87581721055>  
Password: 007709  
Phone # 929-205-6099 Code # 007709

**THURSDAY**

**Group #**

51620 **BEVERLY –10:00 AM (Relapse/Recovery)**  
**SUSPENDED**  
First Baptist Church  
Lounge, 1st Fl., Opp. Office  
221 Cabot Street  
Ken 914-263-6532

39203 **NORTH ANDOVER – 4:30 PM**  
**(OA Step / Tradition / Relapse)**  
St. Michael’s Church (handicap access)  
196 Main Street (St. Theresa Room)  
Cynthia L. 978-688-9269  
**ZOOM** \* <https://zoom.us/j/93541355195>  
Password: NAndover!  
Phone: 1-929-205-6099 Password: 510893  
Meeting ID # 935 4135 5195

51009 **LOWELL – 7:00 PM (1 hr.) (OA 12 & 12)**  
The Bridge Club 33 E Merrimack St  
Dave 978-459-6959  
**HYBRID** <https://zoom.us/j/369718443>  
Phone: 415-762-9988  
Code: 369718443 Password: 399696

**FRIDAY**

**Group #**

16346 **MALDEN – 9:30 AM (Big Book)**  
Church of The Nazarene (handicap access)  
529 Eastern Ave.  
Carol 978-317-1263 Roseann 781-321-6836  
**PHONE** \*425-436-6396 Code # 752980

11784 **TEWKSBURY – 10:00 AM (OA Step)**  
St. William’s Church Basement  
1351 Main Street (Rte. 38) (handicap access)  
Ann 978-500-3791  
**ZOOM** \* Meeting ID# 460 576 708  
Password: 892682 Phone # 646-558-8656

**SATURDAY**

**Group #**

13274 **BEVERLY – 9:00 AM**  
The White Whale  
Hale Street (behind First Baptist Church)  
**FACE TO FACE** Gloria 978-927-4754

15404 **READING – 10:00 AM (OA Step)**  
First Cong. Church - 25 Woburn Street  
Kristen 781-974-9734  
**ZOOM** <https://us02web.zoom.us/j/89704512418>  
Password: 320976 Phone: 929-205-6099  
Meeting ID# 897 0451 2418 Code: 320976

**In keeping with Tradition 3, groups registering with North Shore Intergroup do not have requirements or suggestions for participation/sharing at OA meetings.**

**Meeting Accessibility**

Is your meeting location handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please let us know so that we can provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting. Please email: [info@oanorthshoreintergroup.org](mailto:info@oanorthshoreintergroup.org) with any meeting changes.

**This list is confidential and to be used for OA purposes only.**

**NORTH SHORE INTERGROUP MEETING  
(Intergroup # 09200)**

**1st Saturday of the month (except July)  
10:00-11:30 AM**

**Currently meeting on ZOOM  
email NSI for info on how to attend. (See pg. one)**

**First Congregational Church  
(Location Posted at Door)  
25 Woburn Street, Reading, MA  
We suggest that every group have someone represent them at the monthly meeting.**

**We suggest that Newcomers arrive by 9:45 AM**

**ALL ARE WELCOME!**

**OA ON THE INTERNET**  
OA website.....  
[www.oa.org](http://www.oa.org)  
OA email.....  
[info@oa.org](mailto:info@oa.org)  
Region 6 website.....  
[www.oaregion6.org](http://www.oaregion6.org) Region 6  
email...[webmaster@oaregion6.org](mailto:webmaster@oaregion6.org)  
**NSI contact info: see page one.**  
OA Facebook page:  
<https://www.facebook.com/overeatersanonymousofficial/>

**OA Young Persons’ Facebook page:  
<http://www.facebook.com/OAinfo>**