



**2021 MEETING LIST
OF MEMBER GROUPS**

Revised December 21, 2021

**Includes all Overeaters Anonymous
Meetings registered and affiliated with**

**NORTH SHORE INTERGROUP
P.O. BOX 214
READING, MA 01867-0314 USA**

North Shore IG Contact Information

Phone..... (978) 387- 8188
Website: www.oanorthshoreintergroup.org
Email.... info@oanorthshoreintergroup.org
Mtg. Changes: Email above

PLEASE CALL MEETING CONTACT
TO CONFIRM STATUS & TO REQUEST
ZOOM OR PHONE INFORMATION**

OA PREAMBLE

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating.

We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues.

Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

SUNDAY

Group #

20718 **MARBLEHEAD – 8:00 AM**
ZOOM Jewish Community Center (handicap access)
4 Community Road -**Sandra 781-631-4103

45029 **MANCHESTER BY THE SEA – 8:30 AM**
ZOOM Manchester Community Center
40 Beach Street **Marcy R. 518-567-8996

00793 **STONEHAM – 6:30 PM (new location)**
SUSPENDED
First Congregational Church
1 Church Street**Betty B. 781-438-5931

MONDAY

Group #

47482 **DANVERS – 7:00 PM (1 hr.)**
ZOOM (Relapse / 12th Step Within)
All Saints Episcopal Church
46 Cherry St. **Linda 978-430-4485

19821 **LOWELL – 7:00 PM (1 hr.)**
HYBRID The Bridge Club 33 E. Merrimack St.
**Mike 978-420-8270

TUESDAY

Group #

33435 **AMESBURY – 3:45 PM (OA Step)**
PHONE Amesbury Health Center
24 Morrill Place (off Main St & Rt. 110)
**Cynthia C.978-388-2552

TUESDAY cont.

40875 **NORTH ANDOVER – 4:30 PM (1 hr.)**
ZOOM (OA 3rd Edition / Relapse) (handicap access)
St. Michael’s Church 196 Main Street
(St. Theresa Rm) **Char V. 978-273-2093

46374 **BEVERLY – 6:00 PM (1 hr.) Step meeting**
SUSPENDED
Beverly Hospital-Health & Arts Center Bldg.
(In small conference room)
85 Herrick St. (Handicap access)
**Ken G. 914-263-6532

14169 **STONEHAM – 7:00 PM (1 hr.)**
FACE TO FACE
Stoneham Public Library, Stoneham Room
Corner Main & Maple St. (handicap access)
**Betty 781-438-5931

WEDNESDAY

Group #

23771 **BEVERLY – 6:00 PM (Literature)**
SUSPENDED
Women’s Health & Arts Center Bldg.
(In small conference room)
85 Herrick Street (handicap access)
**Gloria 978-927-4754

45410 **BRADFORD – 7:00 PM (Literature)**
First Church of Christ - 10 Church St.
FACE TO FACE **Jane 978-857-9261

17396 **BURLINGTON – 7:00 PM (1 hr.)**
ZOOM St. Mark’s Episcopal Church
10 St. Mark’s Rd.
**Tina 781-872-1415

THURSDAY

Group #

51620 BEVERLY –10:00 AM (Relapse/Recovery)
SUSPENDED

First Baptist Church
Lounge, 1st Fl., Opp. Office
221 Cabot Street
**Ken G. 914-263-6532

39203 NORTH ANDOVER – 4:30 PM

ZOOM (OA Step / Tradition / Relapse)
St. Michael’s Church (handicap access)
196 Main Street (St. Theresa Room)
**Char V. 978-273-2093

51009 LOWELL – 7:00 PM (1 hr.) (OA 12 & 12)

HYBRID The Bridge Club 33 E Merrimack St
**Dave 978-459-6959

FRIDAY

Group #

16346 MALDEN – 9:30 AM (Big Book)

PHONE Church of The Nazarene (handicap access)
529 Eastern Ave. **Carol R. 978-317-1263
**Roseann N. 781-321-6836

11784 TEWKSBURY – 10:00 AM (OA Step)

ZOOM St. William’s Church Basement
1351 Main Street (Rte. 38) (handicap access)
**Ann C.978-500-3791

SATURDAY

Group #

13274 BEVERLY – 9:00 AM

The White Whale
Hale Street (behind First Baptist Church)
FACE TO FACE **Gloria P. 978-927-4754

15404 READING – 10:30 AM (OA Step)

ZOOM First Cong. Church - 25 Woburn Street
**Kristen B.781-974-9734

In keeping with Tradition 3, groups registering with North Shore Intergroup do not have requirements or suggestions for participation/sharing at OA meetings.

Meeting Accessibility

Is your meeting location handicapped accessible? Is it listed as such on the North Shore Intergroup meeting list? Please let us know so that we can provide information that may make a difference to another compulsive overeater who may not otherwise be able to attend a meeting. Please email: info@oanorthshoreintergroup.org with any meeting changes.

This list is confidential and to be used for OA purposes only.

**NORTH SHORE INTERGROUP MEETING
(Intergroup # 09200)**

**1st Saturday of the month (except July)
10:00-11:30 AM**

**Currently meeting on ZOOM
email NSI for info on how to attend. (See pg. one)**

**First Congregational Church
(Location Posted at Door)
25 Woburn Street, Reading, MA
We suggest that every group have someone represent them at the monthly meeting.**

We suggest that Newcomers arrive by 9:45 AM

ALL ARE WELCOME!

OA ON THE INTERNET

**OA website.....
www.oa.org**

**OA email.....
info@oa.org**

**Region 6 website.....
www.oaregion6.org Region 6
email...webmaster@oaregion6.org**

**NSI contact info: see page one.
OA Facebook page:
<https://www.facebook.com/overeatersanonymousofficial/>**

**OA Young Persons’ Facebook page:
<http://www.facebook.com/OAinfo>**