



January 2025

**To: NorthShore Intergroup Member Meetings & Fellow OAs.**

Thank you for supporting NSI & OA with your 7<sup>th</sup> Tradition Donations, which allows us to carry the OA message of hope and recovery. Because of the importance of the 7<sup>th</sup> Tradition to OA's survival, the following information bears repeating. **(Please share with your meeting)**

### **WHERE DOES THE 7<sup>TH</sup> TRADITION GO????**

Our Seventh Tradition states that “every OA group ought to be fully self supporting, declining outside contributions.” Part of being self- supporting is carrying the message of recovery to others inside and outside of OA, which is the function of NorthShore Intergroup (NSI). NSI depends upon the individual meetings that belong to it for financial support, and in turn, NSI provides support to the individual meetings in the following ways:

- Maintaining the NSI website: [www.oanorthshoreintergroup.org](http://www.oanorthshoreintergroup.org)
- Maintaining an answering service (315-215-9074). Answering mail and phone inquiries about OA.
- Sponsoring share-a-thons, retreats, workshops, & other special events.
- Providing ZOOM access for our ZOOM meetings, at no cost to the meetings.
- Providing liability insurance for our face-to-face meetings, at no cost to the meetings.
- Providing OA literature for sale to meetings, including Newcomer & Welcome Back Pamphlets.
- Providing “Outreach” to facilities and informing healthcare and other professionals about OA.
- Providing links between local OA groups and the Regional and International levels of OA, where policy is set and where literature is developed.
- Contributing regularly to Region 6 and the World Service Office (WSO) from donations made to NSI from individual groups. **Each month NSI sends 10% of your 7<sup>th</sup> Tradition contribution to Region 6 and 30% to the World Service office. 60% remains at NSI to help our meetings and to carry the message!**
- Sending delegates to the annual World Service Business Conference (WSBC) and representatives to the Region 6 Spring & Fall Assemblies.

**SERVICE is as much a part of the 7<sup>th</sup> Tradition as the monies collected and without your help none of these services would be possible. Please consider doing service, we need you, OA needs you!**

“Give as though your life depends on it!” but..... please remember that whether you can contribute to your meeting or not, you are **ALWAYS** welcomed with open arms.

If you can contribute, please think beyond the needs of your individual meeting. Think of this list, and the gifts that you have received through this program and think of the importance of carrying the message to the still suffering compulsive overeater by way of the 7<sup>th</sup> Tradition. Perhaps you can increase your own personal contribution? Is the current suggested donation of \$5 a consideration? When your meeting's treasury has more than a prudent reserve (1-2 month's expenses, for example), please send the excess to NSI so that we may be fully self-supporting.

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NSI has several ways that you can make your 7<sup>th</sup> Tradition contribution. **Please remember to identify the meeting you are donating for.** If you do not know your group's ID # (see meeting list) please identify with day, time & city, or former city if Zoom. This helps the Treasurer to post the donation to the correct meeting.

- Check made out to NSI (See Treasurer's letter below)
- PayPal via [oanorthshoreintergroup.org](http://oanorthshoreintergroup.org) under contributions tab.
- VENMO (See attached QR code below and please print/copy and share this code with your meeting.)

From the Northshore Intergroup Treasurer

Northshore Intergroup has voted to cancel our P.O. Box as of February 29, 2024. The post office will forward any checks to my personal mailing address. I would encourage members to use PayPal to make the group's donations when possible. The fees are minimal compared to what the P.O. Box cost. The NSI website walks you through the steps. Please see [www.oanorthshoreintergroup.org/7th-tradition](http://www.oanorthshoreintergroup.org/7th-tradition) for details. If you decide to use the USPS then these are suggestions to insure receipt of your check. There have been multiple incidents where mailboxes have been tampered with and thieves have removed anything looking like a check. They are able to remove the "Pay to" and put in another payee, therefore taking the money after cashing the check. Please address the envelope to Karen Cornacchia, and not to NSI Treasurer or NSI. The envelope should be secured with tape, as self-stick envelopes can accidentally open in the mail. Do not put the envelope in a blue USPS mailbox! Take the envelope into the post office to mail. If there are questions or concerns, please contact me directly at [northshoreintergrouptreasurer@gmail.com](mailto:northshoreintergrouptreasurer@gmail.com)

Thank you, Karen C.



**As always, thank you for your continued generosity!**

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